



P.O. Box 1928  
Rifle, CO 81650  
P: 970.625.4496

# VOLUNTEER APPLICATION

LIFT-UP is a non-profit organization providing  
emergency assistance to our neighbors in need.

DATE \_\_\_\_\_

NAME \_\_\_\_\_ BIRTH DATE \_\_\_\_\_ FEMALE MALE

STREET ADDRESS \_\_\_\_\_

MAILING ADDRESS \_\_\_\_\_

CITY \_\_\_\_\_ STATE \_\_\_\_\_ ZIP CODE \_\_\_\_\_

TELEPHONE #: \_\_\_\_\_ E-MAIL ADDRESS \_\_\_\_\_

PLEASE CHECK THE DAYS YOU ARE AVAILABLE TO VOLUNTEER AT LIFT-UP:

Monday Tuesday Wednesday Thursday Friday Saturday

PLEASE CHECK YOUR PREFERRED LOCATION(S):

Aspen Basalt Carbondale Glenwood New Castle Rifle Parachute

VOLUNTEER DUTIES I FIND MOST INTERESTING: (PLEASE CHECK ALL THAT APPLY)

Volunteering at a LIFT-UP food bank/pantry

Volunteering at a LIFT-UP thrift store: Rifle Parachute

Serving at Extended Table (soup kitchen): Glenwood Rifle

Volunteering at LIFT-UP fundraising and celebration special events

Assembling USDA Commodity Bags

Supporting Administrative Staff (copying, stuffing and folding envelopes, etc.)

Other \_\_\_\_\_

PLEASE TELL US ABOUT YOURSELF:

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*After you complete and return this application, a LIFT-UP representative will contact you to set up an interview.*